

2022 - Here We Go!

The year 2022 is a year of change for me.

The year 2022 is the last year in which I will hold a professional triathlon license in my hands.

The year 2022 is the year in which I will end my career as a professional athlete.

The year 2022 is the year in which I will decide on how I will design my life after my time in professional sports.

The year 2022 though will be no different in terms of my mental approach. It is a year in which I think positively and try to go the right path.

2022 - here we go! Let's make it a good one!



Review on the 2021 Season

The race calendar was again heavily influenced by Covid-19. I had planned 7 triathlon competitions from May to July. None of these races took place as planned. That's why I took advantage of opportunities that arose at short notice. This was a good strategy. I was able to achieve 6 wins and 2 podium finishes in triathlon and road cycling. A chronological overview:

1. Place 6 KM uphill time trial La Cronoescalada Pajara
1. Place 8 KM uphill time trial La Cronoescalada Vega de Rio Palmas
1. Place TT time trial 34 km, Duisburger Zeitfahr cup
1. Place TT time trial 45 km, Duisburger Zeitfahr cup
3. Place Triathlon Kamen, Olympic distance
1. Place Triathlon Siegburg, sprint distance
1. Place Triathlon Willich, sprint distance
2. Place Triathlon Wesel, Olympic distance

After that, unfortunately, a back injury ended my season earlier as planned.

A sportive turn of the year



In December, I had the opportunity to participate in a 100x100 meter swim and ticked off a point on my bucket list. And in the agile group of Yeah! Sport it was

surprisingly entertaining.

The new year I started with a trail over 20.22 km in the mountains of Gran Canaria.



Coliving and Coworking in Las Palmas

Even though January is all about my work as a sales controller at BYK, I decided to spend January in Gran Canaria.

I decided on a coliving concept in Las Palmas. It is a kind of shared house with other professionals from all over the world. In addition to working and training, there are joint master-mind or skill-sharing sessions with these so-called digital nomads. Ideas, experiences and expertise are exchanged. I have lived and worked in many countries around the world. This concept still expands the horizon extremely, though.



It is good for me to combine the work with training in warmer climate. Because of my back, I still dose the training very carefully. Day after day, I decide what I can ask from my body. In Gran Canaria I can train before or after work and to do long bike rides on weekends to rebuild my aerobic fitness.

Race Calendar 2022

In February I will be back home. I can't say yet what will happen next. I cannot tell, which competitions will eventually take place and what I can expect from my back. These are uncertain times, and it looks like it will stay that way for a while.

I am proud and grateful that many of my partners are standing by my side in this special year. You can be relied upon!

Here we go 2022 - let's make it a good one!

Stay healthy and active,

Eure Mareen.



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